

MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Choice	Chicken and Vegetable Deep Filled Enchiladas	Oven Baked Lamb Lasagne served with Garlic Bread Slice	Traditional Roast Chicken with Sage and Onion Stuffing	Freshly Baked Chicken and Sweetcorn Pie	Deep Fried Fish served with Lemon and Tartare Sauce
Meal Choice	Oven Baked Creamy Macaroni Cheese Filled Jacket Potatoes	Golden Crispy Potato Topped Shepherdess Pie Filled Jacket Potatoes	Fresh Oven Baked Cheese & Tomato Quiche Filled Jacket Potatoes	Tagliatelle with Roast Vegetables in Herby Tomato Sauce Filled Jacket Potatoes	Assorted Hot Sandwiches with Appropriate Garnish Filled Jacket Potatoes
Vegetables & Potatoes	Spicy Diced Potatoes Green Beans Mixed Vegetables Baked Beans Mixed Garden Salad	Jacket Wedges Garden Peas Diced Carrots Baked Beans Mixed Garden Salad	Roast Potatoes Savoy Cabbage Sweetcorn Baked Beans Mixed Garden Salad	Creamed Potatoes Sliced Carrots Fresh Broccoli Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad

Available Daily: Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads, Hot & Cold Desserts, Home Bakes, Fresh Fruit Salad, Drinks

MENU

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Choice	Savoury Salmon and Tuna Fusilli Pasta Bake	Mildly Spiced Chicken Tikka Masala served with Mixed Rice	Fresh Oven Baked Spicy Vegetarian Quesadillas	Crisp and Golden Potato Topped Lamb Shepherds' Pie	Deep Fried Fish served with Lemon and Tartare Sauce
Meal Choice	Braised Quorn Sausages served in Rich Onion Gravy Filled Jacket Potatoes	Homemade Italian Style Roasted Vegetable Lasagne Filled Jacket Potatoes	Traditional Roast Turkey with Sage & Onion Stuffing Filled Jacket Potatoes	Tasty Cheese & Savoury Red Onion Flan Filled Jacket Potatoes	A Selection of Fresh and Tasty Hot Filled Wraps Filled Jacket Potatoes
Vegetables & Potatoes	Spicy Diced Potatoes Sweetcorn Garden peas Baked Beans Mixed Garden Salad	New Potatoes Green Beans Cauliflower Florets Baked Beans Mixed Garden Salad	Roast Potatoes Savoy Cabbage Diced Carrots Baked Beans Mixed Garden Salad	Jacket Wedges Mixed Vegetables Fresh Broccoli Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad

Available Daily: Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads, Hot & Cold Desserts, Home Bakes, Fresh Fruit Salad, Drinks

MENU

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Choice	Seasoned Chicken Breast Fillet served in a Bun	Rich Lamb Bolognese Sauce served with Penne Pasta	Golden Breaded Veggie Burger with Tangy Tomato Relish	Spicy Chicken Jalfrezi served with Wholegrain Rice	Deep Fried Fish served with Lemon and Tartare Sauce
Meal Choice	Fresh Vegetable & Chickpea Curry with Steamed Rice Filled Jacket Potatoes	Chinese Style Quorn and Crispy Vegetable Stir Fry Filled Jacket Potatoes	Traditional Roast Beef served with Yorkshire Pudding Filled Jacket Potatoes	Oven Baked Savoury Cheese & Red Pepper Flan Filled Jacket Potatoes	A Selection of Fresh and Tasty Pizza Slices Filled Jacket Potatoes
Vegetables & Potatoes	Spicy Diced Potatoes Green Beans Sweetcorn Baked Beans Mixed Garden Salad	New Potatoes Garden Peas Cauliflower Florets Baked Beans Mixed Garden Salad	Roast Potatoes Diced Carrot & Swede Savoy Cabbage Baked Beans Mixed Garden Salad	Jacket Wedges Mixed Vegetables Fresh Broccoli Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad

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