

Department: PE



	Where you can find work		Other websites/ apps that we would recommend that you could use
	Core PE	Exam PE	
Year 7	<p>All students will be sent links via SMHW to exercise suggestions which can either be done indoor or in a small space outside – e.g. yard or garden.</p> <p>Remember that it is important to look after your health at this time as well as keep up with study. Think about activities that we don't usually do in PE lessons but you could easily have a go at home and encourage other people to do. Have a look at some of the suggested websites to the right.</p>	<p>Starting GCSE PE next Year or interested in what it involves? Have a look at the website suggestions to the right and get prepared!</p>	<p><u>General Health and Fitness</u> https://www.self.com/gallery/must-know-yoga-poses-for-beginners https://www.thebodycoach.com/blog/pe-with-joe-1254.html https://www.youtube.com/watch?v=YQ8bKmiaPPg</p>
Year 8			
Year 9		<p>GCSE and A level groups will be left suggested work via SMHW from their individual teachers.</p> <p>Links to power points and worksheets or past papers will be via G drive.</p> <p>Both levels are with AQA exam board GCSE https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582</p> <p>A level https://www.aqa.org.uk/subjects/physical-education/as-and-a-level</p>	<p><u>GCSE PE based websites with content and quizzes</u> https://www.bbc.co.uk/bitesize/subjects/znyb4wx https://www.teachpe.com/ https://www.youtube.com/channel/UCXsPh1nwmZ2L5GVwuhlpVmg</p> <p><u>A level and beyond</u> https://blog.peoffice.co.uk/teaching-pe/ https://nationalcareers.service.gov.uk/job-profiles/pe-teacher https://www.teachpe.com/biomechanics https://www.youtube.com/channel/UCChU8cZY5xpQ7pBIklu3Xw</p>
Year 10			
Year 11			
Year 12			
Year 13			